

**Living Christ Preschool Intake Form**  
**This form must be updated every three months.**



Date Completed: \_\_\_\_\_

Child's Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_

We will do our best to accommodate children's individual schedules and routines while keeping to State licensing regulations. This is a required form; all fields must be completed.

**Developmental/Health History**

Describe any health concerns or allergies your child has:

Describe how mobile your child is (sitting up, crawling, walking, rolling over, etc.)

**Sleep and Nap Schedule**

Describe the routine for sleep/nap, current sleep/nap schedule, & mood after sleep

**Toileting/Diapering Procedure**

Child will use school provided diapers

Child will use parent provided diapers

Describe the routine for diapering, use of lotion/powder, sensitivity of skin, regularity of bowel movements, attempting to potty train

**Child's Communication/Comfort**

What language/s is the child exposed to at home? \_\_\_\_\_

If other than English, please share some common words child is familiar with and their English meaning: \_\_\_\_\_

Describe how child expresses fear, happiness, frustration, tiredness, hunger, and pain:

Describe how child is comforted when scared, frustrated, tired, hungry, or in pain:

**Schedule of Meals/Snacks**

Describe what amounts and how often child eats

Describe how child is fed: (highchair, held, spoon fed, eats with hands, bottle)

List food child is currently eating, indicate favorites

## Introducing New Foods

Below is a list of most foods served at LCP during AM and PM snack. As your child moves to eating solid food teachers will discuss with you when/how much of these items can be introduced to your child. Please refer to monthly snack calendar for daily scheduled snacks.

<b>Fruits</b>
Oranges
Apple Slices
Grapes
Pears
Peaches
Mixed Fruit
Bananas
Melon
Pineapple
Mango
Berries

<b>Dairy</b>
Milk
Cheese
Yogurt
Cottage Cheese
Pudding
Cream Cheese

<b>Breads/Grains</b>
Cereal
Bagel
English Muffin
Tortilla Chips
Muffins
Waffles/Pancakes
Pretzels
Bread/Toast
Flour Tortilla
Pasta
Granola Bars
Rice
Crackers/Cheese Crackers

<b>Miscellaneous</b>
Hard Boiled Egg
Cheesy Potatoes
Fruit Dips
Hummus/Ranch Dips
Sunflower Butter
Scrambled Eggs
Sweet Potato Chips
Salsa

<b>Veggies</b>
Carrots/Baked Carrot Fries
Cucumbers
Celery
Peas
Peppers
Zucchini
Cauliflower
Tater Tots
Sweet Potatoes
Broccoli

<b>Combinations</b>
Mac-n-Cheese
Trail Mix
Overnight Oats
Energy Bites
Fruit Smoothie
Cheese Quesadilla
Granola Bars

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_