

Living Christ Preschool Intake Form



Child's Name: _____ Birthdate: _____

We will do our best to accommodate children's individual schedules and routines while keeping to State licensing regulations. This is a required form; all fields must be completed.

Developmental/Health History

Describe any health concerns or allergies your child has:

Describe how mobile your child is (sitting up, crawling, walking, rolling over, etc.)

Sleep and Nap Schedule

Describe the routine for sleep/nap, current sleep/nap schedule, & mood after sleep

Toileting/Diapering Procedure

Child will use school provided diapers

Child will use parent provided diapers

Describe the routine for diapering, use of lotion/powder, sensitivity of skin, regularity of bowel movements, attempting to potty train

Child's Communication/Comfort

What language/s is the child exposed to at home? _____

If other than English, please share some common words child is familiar with and their English meaning: _____

Describe how child expresses fear, happiness, frustration, tiredness, hunger, and pain:

Describe how child is comforted when scared, frustrated, tired, hungry, or in pain:

Schedule of Meals/Snacks

Describe what amounts and how often child eats

Describe how child is fed: (highchair, held, spoon fed, eats with hands, bottle)

List food child is currently eating, indicate favorites

Introducing New Foods

Below is a list of most foods served at LCP during AM and PM snack. As your child moves to eating solid food teachers will discuss with you when/how much of these items can be introduced to your child. Please refer to monthly snack calendar for daily scheduled snacks.

| Fruits |
|---------------|
| Oranges |
| Apple Slices |
| Grapes |
| Pears |
| Peaches |
| Mixed Fruit |
| Bananas |
| Melon |
| Pineapple |

| Dairy |
|----------------|
| Milk |
| Cheese Sticks |
| Yogurt |
| Cottage Cheese |
| Pudding |

| Breads/Grains |
|----------------------|
| Cereal |
| Bagel |
| English Muffin |
| Tortilla Chips |
| Muffins |
| Waffles |
| Pretzels |
| Toast |

| Miscellaneous |
|----------------------|
| Hard Boiled Egg |
| Cheesy Potatoes |
| Various Crackers |
| Humus/Ranch Dips |
| Sunflower Butter |
| Egg Cups |

| Veggies |
|----------------|
| Carrots |
| Cucumbers |
| Celery |
| Peas |
| Peppers |
| Zucchini |
| Cauliflower |

| Combinations |
|---------------------|
| Mac-n-Cheese |
| Trail Mix |
| Overnight Oats |
| Salsa |
| Energy Bites |
| Fruit Smoothie |
| Cheese Quesadilla |
| Granola Bars |

Parent/Guardian Signature: _____ Date: _____